FOOD LION

September 30 - October 6, 2020

SAVOR *fresh* FLAVORS

HOTSALE! MVP

5.99 LB U.S.D.A. CHOICE

BEEF T-BONE STEAK

W/O MVP Card Regular Retail

HOTSALE! MVP **25% OFF** W/O MVP Card Regular Retail

All Natural - All Varieties
NATURE'S PROMISE MEAT & SEAFOOD

Boneless
PORK LOIN

HOTSALE! MVP **1.69 LB** W/O MVP Card $2.49 LB

Boneless, Center Cut
PORK CHOPS

HOTSALE! MVP **2.49 LB** W/O MVP Card $3.79 LB

HOTSALE! MVP **2/$7** W/O MVP Card Regular Retail

16-19 Oz. Pkg.
Select Varieties
JOHNSONVILLE FRESH DINNER SAUSAGE

1 DAY HOT SALE!

MVP

SATURDAY ONLY

1 Lb. Container
STRAWBERRIES

HOTSALE! MVP **3/$5**

W/O MVP Card $2.39 EA

12 Ct. K-Cups or
24.5-30.65 Oz. Can
Select Varieties
MAXWELL HOUSE COFFEE

HOTSALE! MVP **4.99 EA** W/O MVP Card Regular Retail

REST OF WEEK **$5.99 EA** MVP

HOTSALE! MVP **2.99 EA** W/O MVP Card $4.79 EA

5 Lb. Bag
RED POTATOES

HOTSALE! MVP **49¢ LB** W/O MVP Card 79¢ LB

GREEN CABBAGE

HOTSALE! MVP **2/$5** W/O MVP Card $3.49 EA

6.4-13 Oz.
Select Varieties
SALAD KITS

8 Ct.
Select Varieties
KELLOGG'S POP-TARTS

HOTSALE! MVP **3/$4** W/O MVP Card $2.49 EA

REST OF WEEK **2/$4** MVP

4.7-12.2 Oz.
Select Varieties
BETTY CROCKER HAMBURGER HELPER

MVP PRICED LOW EVERY DAY **4/$5** W/O MVP Card $1.58 EA

16-28.05 Oz.
Select Varieties
TYSON FROZEN CHICKEN

HOTSALE! MVP **5.99 EA** W/O MVP Card $8.79 EA

15.5-16 Oz. Can
Select Varieties
MONSTER ENERGY DRINK

HOTSALE! MVP **1.88 EA** W/O MVP Card $2.48 EA

HOTSALE! MVP **3/$10** W/O MVP Card $4.79 EA

6 Pack
16-16.9 Oz. Bottles
or 12 Pack
12 Oz. Cans
Select Varieties
PEPSI PRODUCTS

24 Pack
12 Oz. Cans
Select Varieties
BUD, MILLER OR YUENGLING

HOTSALE! MVP **15.99 EA**

Beer may not be available in all locations. Check your store for availability.

18.5-19 Oz.
Select Varieties
PROGRESSO SOUP

MVP PRICED LOW EVERY DAY **3/$5** W/O MVP Card $1.99 EA

10.1-13.7 Oz.
Select Varieties
KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL

HOTSALE! MVP **2/$5** W/O MVP Card Regular Retail

32 Oz.
Select Varieties
NESTLÉ COFFEE MATE FLAVORED CREAMER

HOTSALE! MVP **2/$6** W/O MVP Card $3.29 EA

4-8 Oz.
Select Varieties
PEPPERIDGE FARM GOLDFISH OR VEGGIE CRACKERS

HOTSALE! MVP **3/$5** W/O MVP Card $2.48 EA

HOTSALE! MVP Limit 9 **3/$10** W/O MVP Card Regular Retail

6 Pack
16.9 Oz. Bottles
Select Varieties
DR PEPPER PRODUCTS

HOTSALE! MVP **2/$5** W/O MVP Card Regular Retail

16-48 Oz.
All Varieties
EDY'S ICE CREAM OR KLONDIKE BARS

7-9.25 Oz.
Select Varieties
CHEETOS OR FRITOS

HOTSALE! MVP **2/$5** W/O MVP Card $3.99 EA

7.4-18 Oz.
Select Varieties
ENTENMANN'S LITTLE BITES OR DONUTS

HOTSALE! MVP **BOGO FREE** W/O MVP Card Regular Retail Single Item Half Price

HOTSALE! MVP **BOGO FREE** W/O MVP Card $4.79 EA Single Item Half Price

7-13 Oz.
Select Varieties
NABISCO CHIPS AHOY! COOKIES
LIMIT 2 FREE

MVP Digital Coupon
load on app • web • in-store kiosk

PRICED LOW EVERY DAY **9.99 EA** W/O MVP Card Regular Retail

100 Oz. Liquid or
35 Ct. Flings
GAIN LAUNDRY DETERGENT

50-75 Oz. Liquid or
23-31 Ct. Pods
TIDE LAUNDRY DETERGENT
Select Varieties

MVP Coupon **-2.00 OFF**

7.99 EA

MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN

&

HOTSALE! OUR BEST WEEKLY MVP DEALS

GET COZY WITH FRESH & AFFORDABLE

When you shop with us, you'll always save on the ingredients you need whether you're planning one of your weeknight go-tos or a special meal with your family.

HOTSALE! MVP
4.99 LB USDA CHOICE
BEEF SHOULDER ROAST
W/O MVP Card Regular Retail

HOTSALE! MVP
5.49 LB
W/O MVP Card Regular Retail
BONELESS STEW BEEF USDA CHOICE

HOTSALE! MVP
6.99 EA
W/O MVP Card $8.49 EA
21.28 Oz. Pkg.
NEW YORK STRIP PATTIES

HOTSALE! MVP
BOGO FREE
W/O MVP Card $7.99 EA
Single Item Half Price
ADAPTABLE MEALS
20 Oz. Pkg.
Ready To Cook
SEASONED BONELESS PORK LOIN FILET

HOTSALE! MVP
2.49 LB
W/O MVP Card $2.99 LB
Family Pack
FOOD LION FRESH CHICKEN WINGS

HOTSALE! MVP
25% OFF
W/O MVP Card Regular Retail
Select Varieties
PERDUE HARVESTLAND ORGANIC CHICKEN
USDA ORGANIC

HOTSALE! MVP
7.99 EA
W/O MVP Card $9.99 EA
24 Oz.
Fully Cooked and Sauced
TGI FRIDAYS BBQ BABY BACK RIBS

HOW DO YOU TACO?

National Taco Day is October 4th!

HOTSALE! MVP
2.99 EA
W/O MVP Card Regular Retail
16 Oz. Pkg.
FRESH 93% LEAN GROUND TURKEY

41-50 Ct.
16 Oz. Bag - Frozen
FOOD LION RAW SHRIMP
HOTSALE! MVP
6.49 EA
W/O MVP Card $8.99 EA

41-50 Ct.
16 Oz. Bag - Frozen
FOOD LION COOKED SHRIMP
HOTSALE! MVP
7.99 EA
W/O MVP Card $11.99 EA

16 Oz. Pkg.
All Varieties
HATFIELD SEASONED GROUND PORK
HOTSALE! MVP
2.99 EA
W/O MVP Card $3.79 EA

100% FRESH or DOUBLE YOUR MONEY BACK Our guarantee

PRICED LOW EVERY DAY

3.99 EA MVP
16 Oz. Pkg.
Select Varieties
LAND O'FROST PREMIUM LUNCHMEAT
W/O MVP Card $4.89 EA

MVP 2/$5
14-15 Oz. Pkg.
Select Varieties
Excludes Beef
BALL PARK MEAT FRANKS
W/O MVP Card $3.09 EA

2.48 EA
9-12 Oz. Pkg.
Select Varieties
FOOD LION SAUSAGE LINKS OR PATTIES

FOOD LION MVP HOTSALE!

4.99 EA MVP
16 Oz. Pkg.
Select Varieties
SMITHFIELD BACON
W/O MVP Card Regular Retail

5.99 EA MVP
28 Oz. Pkg.
OSCAR MAYER HAM & TURKEY SUB KITS
W/O MVP Card $6.99 EA

SUSTAINABLE SEAFOOD

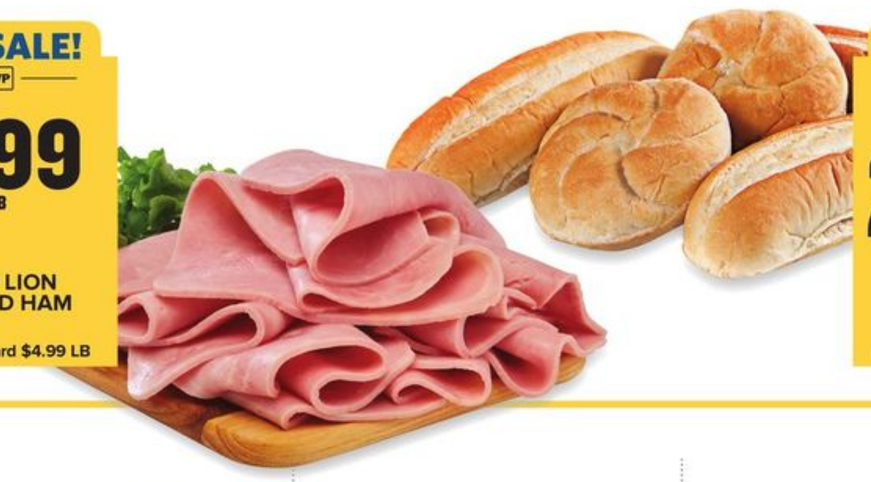
HOTSALE! MVP
6.99 EA
W/O MVP Card Regular Retail
10 Oz.
SALMON FILLETS

HOTSALE! MVP
7.49 EA
W/O MVP Card $8.99 EA
10 Oz.
GO WILD ASIAN CITRUS AHI TUNA STEAKS

HOTSALE! MVP
7.99 EA
W/O MVP Card $9.99 EA
10 Oz. Pkg.
TRUE TIDES SCALLOPS

2.98 EA
14 Oz.
FOOD LION IMITATION CRABMEAT

PICK UP SOMETHING DELIGHTFULLY DELICIOUS



HOTSALE! MVP
3.99 LB
FOOD LION COOKED HAM
W/O MVP Card $4.99 LB

HOTSALE! MVP
2/$7
4-6 Ct.
BULKIE OR HOAGIE ROLLS
W/O MVP Card $4.49 EA

HOT & READY for your Dinner Table

MADE IN-STORE DAILY
AVAILABLE 11 AM - 7 PM

HOTSALE! MVP
6.99 EA
Family Size - Hot
ROTISSERIE CHICKEN
W/O MVP Card $7.99 EA

HOTSALE! MVP **BOGO FREE** W/O MVP Card $4.49 EA Single Item Half Price
8 Oz.
STELLA FRESH MOZZARELLA BALL

HOTSALE! MVP **BOGO FREE** W/O MVP Card $3.49 EA Single Item Half Price
9-11 Oz.
MINI CRULLERS, GEMS OR DONUT HOLE TUBS

HOTSALE! MVP **BOGO FREE** W/O MVP Card $4.49 EA Single Item Half Price
10-10.5 Oz.
FOOD LION TWO-BITE CUPCAKES

HOTSALE! MVP **2/$5** W/O MVP Card $2.99 EA
15-16 Oz.
Select Varieties
FOOD LION DELI SALADS

HOTSALE! MVP **4.99 LB** W/O MVP Card $5.99 LB
Yellow or White
FOOD LION AMERICAN OR HOT PEPPER CHEESE

HOTSALE! MVP **2.99 EA** W/O MVP Card $3.99 EA
3.5-4 Oz.
ATHENOS FETA CHEESE

HOTSALE! MVP **2/$5** W/O MVP Card $3.49 EA
taste of inspirations
16 Oz.
TASTE OF INSPIRATIONS SALSA

HOTSALE! MVP **2/$6** W/O MVP Card $3.49 EA
4 Ct.
FOOD LION BAGELS

MONEY BACK GUARANTEE

OUR BRANDS

FOOD LION · Nature's Place · Nature's Promise · Wonderful Pistachios & Almonds · Laura Lynn · COMPANION · taste of inspirations · CAREone

SAVE ON THE PERFECT WEEKNIGHT MEAL

Save on everything you need to make this easy recipe.

Slow Cooker Meatloaf
For this recipe & more visit foodlion.com/recipes

16 Oz.
Select Varieties
FOOD LION SHREDDED CHEESE
PRICED LOW EVERY DAY
3.79 EA

16 Oz. Pkg.
NATURE'S PROMISE ORGANIC GROUND BEEF
HOTSALE! MVP **25% OFF** W/O MVP Card Regular Retail

32 Oz.
Select Varieties
FOOD LION BAKING SUGAR
2.49 EA

PRICED LOW EVERY DAY
76¢ EA
2 Oz.
Select Varieties
FOOD LION SOUP AND DIP MIX

10 Oz.
FOOD LION WORCESTERSHIRE SAUCE
99¢ EA

20 Oz.
Select Varieties
FOOD LION TOMATO KETCHUP
99¢ EA

14 Oz.
FOOD LION YELLOW MUSTARD
HOTSALE! MVP **49¢ EA** W/O MVP Card $1.19 EA

SEPTEMBER 16 - OCTOBER 6

THE PURCHASE OF ONE BAG WILL PROVIDE 5 MEALS* *to your local food bank*

TO HELP FEED SENIORS & OTHERS STRUGGLING WITH HUNGER

FOOD LION FEEDS | FEEDING AMERICA

* $1 helps provide **AT LEAST** 10 meals secured by Feeding America® on behalf of local member food banks. $0.50 (monetary equivalent of 5 meals) from each gala apple bag purchase will be donated to Feeding America® and member food banks. Food Lion guarantees a minimum donation of $100,000 (monetary equivalent of 1 million meals) from September 16th - October 6th, 2020. Meal claim valid as of 07/01/20. visit foodlion.com/feeds

SHOP&EARN
MVP MONTHLY REWARDS

it pays TO SHOP & EARN

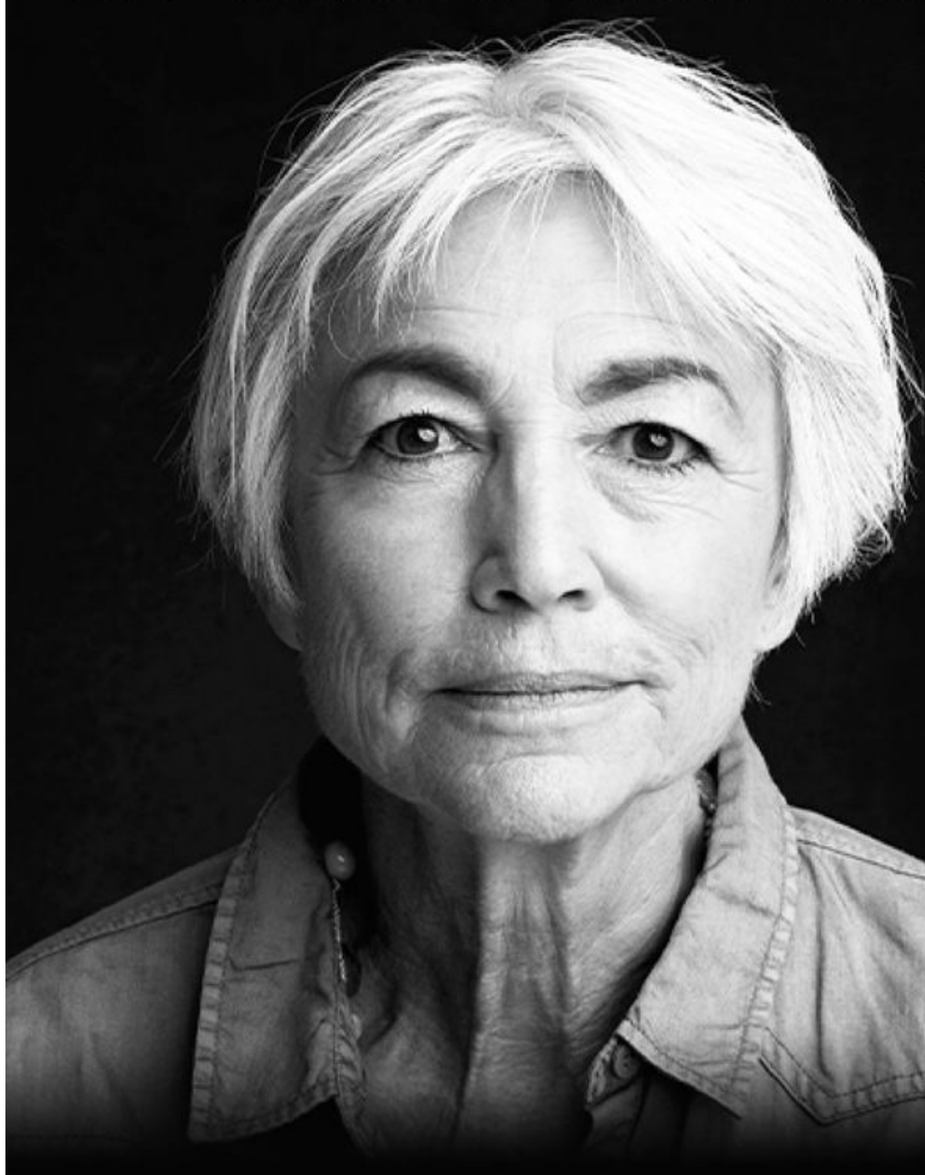
SAVE AN AVERAGE OF $20 WITH SHOP & EARN DIGITAL REWARDS

SAVE EVEN MORE WITH YOUR SEPTEMBER SHOP & EARN REWARDS!

LOAD YOUR OFFERS

CHECK YOUR PROGRESS

DID YOU KNOW YOU CAN ALSO DONATE* YOUR SHOP & EARN REWARDS?



SHOP&EARN
MVP MONTHLY REWARDS

FOOD LION FEEDS

HELP A NEIGHBOR IN NEED

DONATE NOW

*For each $1 in Shop & Earn rewards you donate, Food Lion will donate $1 to Food Lion Feeds Charitable Foundation. The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.

BUILD-A-BETTER CANDY APPLE

HOTSALE! MVP 2/$3
W/O MVP Card $1.89 EA
11 Oz.
Select Varieties
BRACH'S CANDY CORN

HOTSALE! MVP 3.99 EA
W/O MVP Card $4.29 EA
9.12-10.78 Oz.
Select Varieties
HERSHEY'S OR REESE'S SNACK SIZE CANDY

HOTSALE! MVP 2.99 EA
W/O MVP Card $3.98 EA
13.5-16.5 Oz.
Select Varieties
MARZETTI CARAMEL DIPS
IN PRODUCE

HOTSALE! MVP 3.79 EA
W/O MVP Card $3.99 EA
3 Lb. Bag
RED DELICIOUS OR GRANNY SMITH APPLES
IN PRODUCE

MVP PRICED LOW EVERY DAY 92¢ EA
W/O MVP Card $1.09 EA
1.1-1.85 Oz.
Select Varieties
HERSHEY'S CANDY BARS

HOTSALE! MVP 2/$7
W/O MVP Card $3.99 EA
10.5-11.5 Oz.
Select Varieties
BUTTERFINGER & CO. FUN SIZE BAG

15-16.3 Oz.
Select Varieties
SKIPPY PEANUT BUTTER
MVP PRICED LOW EVERY DAY 2.49 EA
W/O MVP Card $3.09 EA

PRICED LOW EVERY DAY
ON ITEMS YOU BUY MOST OFTEN
48 Oz.
WESSON VEGETABLE OIL
2.69 EA MVP
W/O MVP Card $3.29 EA

HOTSALE!
OUR BEST WEEKLY MVP DEALS

15-24 Oz.
Select Varieties
BERTOLLI PASTA SAUCE
MVP 2/$5
W/O MVP Card $2.79 EA

15-24 Oz.
Select Varieties
COBBLESTONE BREAD COMPANY ROLLS OR BUNS
HOTSALE! MVP 2/$6
W/O MVP Card $3.58 EA

21.5-28 Oz.
Select Varieties
BUSH'S BEST BAKED OR GRILLIN' BEANS
MVP PRICED LOW EVERY DAY 2/$4
W/O MVP Card $2.48 EA

12 Oz.
TEXAS PETE HOT SAUCE
MVP PRICED LOW EVERY DAY 1.79 EA
W/O MVP Card $2.19 EA

HOTSALE! MVP 2/$3
W/O MVP Card $1.89 EA
24 Ct.
Select Varieties
TETLEY FAMILY SIZE TEA BAGS

32 Oz.
Select Varieties
SWANSON COOKING STOCK
HOTSALE! MVP 2/$5
W/O MVP Card $2.99 EA

16 Oz.
Select Varieties
POMPEIAN CLASSIC OLIVE OIL
MVP PRICED LOW EVERY DAY 4.49 EA
W/O MVP Card $5.49 EA

9.7 Oz.
Select Varieties
SPLENDA GRANULAR SWEETENER
MVP PRICED LOW EVERY DAY 5.99 EA
W/O MVP Card $7.39 EA

15 Oz.
Select Varieties
WISH-BONE SALAD DRESSING
1.98 EA

15.7-16 Oz.
Select Varieties
HERDEZ SALSA OR GUACAMOLE SALSA
HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail

20 Oz.
NATURE'S OWN WHITEWHEAT BREAD
MVP PRICED LOW EVERY DAY 2/$5
W/O MVP Card $3.09 EA

7.5 Oz.
Select Varieties
CHEEZ-IT SNAP'D
LIMIT 2 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card $4.69 EA
Single Item Half Price

7 Oz.
Select Varieties
TASTE OF INSPIRATIONS BISCOTTI
3.49 EA

HOTSALE! MVP 2/$5
W/O MVP Card $2.99 EA
8 Oz.
Select Varieties
VOORTMAN SUGAR FREE SHORTBREAD COOKIES

HOTSALE! MVP 1.59 EA
W/O MVP Card $1.78 EA
4.5 Oz.
SWANSON PREMIUM WHITE CHICKEN

1.89 EA
16 Oz.
Select Varieties
FOOD LION SALTINE CRACKERS

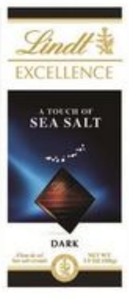
6.25-6.75 Oz.
Select Varieties
GOOD HEALTH VEGGIE SNACKS
HOTSALE! MVP 2/$6
W/O MVP Card $3.29 EA

6.5-7 Oz.
Select Varieties
WISE POTATO CHIPS
MVP PRICED LOW EVERY DAY 2/$5
W/O MVP Card $2.99 EA

9-11.2 Oz.
Select Varieties
BEAR CREEK SOUP MIX
HOTSALE! MVP 2/$6
W/O MVP Card $3.49 EA

14.5-15 Oz.
Select Varieties
MARGARET HOLMES CANNED VEGETABLES
HOTSALE! MVP 5/$5
W/O MVP Card $1.28 EA

3-4 Oz.
Select Varieties
LINDT EXCELLENCE BAR
HOTSALE! MVP 2/$5
W/O MVP Card $2.69 EA



HOTSALE! MVP BOGO FREE
W/O MVP Card $2.58 EA
Single Item Half Price
2.75-5.5 Oz.
Select Varieties
WERTHER'S CANDY

BUY 5, SAVE $5

MVP MIX & MATCH WHEN YOU PURCHASE ANY 5 PARTICIPATING ITEMS WITH YOUR PERSONAL MVP CARD

belVita · Chips Ahoy! · OREO · RITZ · triscuit · WHEAT THINS

6.5-9 Oz. - Select Varieties
NABISCO SNACK CRACKERS
W/O MVP Card $3.99 EA

PRICED LOW EVERY DAY 2.69 EA
MIX & MATCH ANY 5 -1.00
1.69 EA MVP
WHEN YOU BUY ANY 5

7.1-8.1 Oz. - Select Varieties
NABISCO TOASTED CHIPS OR CRISP & THINS
W/O MVP Card $3.19 EA

HOT SALE! 2.99 EA
MIX & MATCH ANY 5 -1.00
1.99 EA MVP
WHEN YOU BUY ANY 5

7.5-15 Oz. - Select Varieties
NABISCO RITZ CRACKERS
W/O MVP Card $4.79 EA

HOT SALE! 2.99 EA
MIX & MATCH ANY 5 -1.00
1.99 EA MVP
WHEN YOU BUY ANY 5

13-20 Oz. - Select Varieties
NABISCO FAMILY SIZE OREO COOKIES
W/O MVP Card $4.39 EA

PRICED LOW EVERY DAY 3.58 EA
MIX & MATCH ANY 5 -1.00
2.58 EA MVP
WHEN YOU BUY ANY 5

8.8 Oz. - Select Varieties
NABISCO BELVITA BREAKFAST BISCUITS
W/O MVP Card $3.89 EA

PRICED LOW EVERY DAY 3.19 EA
MIX & MATCH ANY 5 -1.00
2.19 EA MVP
WHEN YOU BUY ANY 5

8.76-28.8 Oz. - Select Varieties
NABISCO TRAY PACKS

5.49 EA
MIX & MATCH ANY 5 -1.00
4.49 EA MVP
WHEN YOU BUY ANY 5

REFRESHING BEVERAGES

HOTSALE! MVP
99¢ EA
2 Liter - Select Varieties
COKE OR COKE FLAVOR PRODUCTS
W/O MVP Card Regular Retail

2/$9
8 Pack - 12 Oz. Bottles
Select Varieties
COKE PRODUCTS

HOTSALE! MVP
4/$11
W/O MVP Card Regular Retail
6 Pack - 16-16.9 Oz. Bottles
Select Varieties
CANADA DRY PRODUCTS

64 Oz.
Select Varieties
GOLD PEAK TEA
HOTSALE! MVP
2/$4
W/O MVP Card $2.29 EA

64 Oz. - Select Varieties
OLD ORCHARD HEALTHY BALANCE OR 100% APPLE JUICE
HOTSALE! MVP
1.79 EA
W/O MVP Card Regular Retail

28 Oz.
Select Varieties
POWERADE
HOTSALE! MVP
79¢ EA
W/O MVP Card 89¢ EA

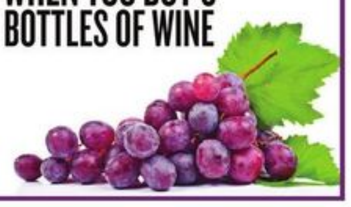
2 Liter
Select Varieties
7-UP OR CANADA DRY PRODUCTS
HOTSALE! MVP
4/$5
W/O MVP Card Regular Retail

750 mL
Select Varieties
DUPLIN OR CASTELLO DEL POGGIO WINE
HOTSALE!
6.99 EA

750 mL
Select Varieties
APOTHIC OR MÉNAGE À TROIS WINE
HOTSALE!
9.99 EA

750 mL
Select Varieties
KENDALL JACKSON OR YES WAY ROSÉ WINE
HOTSALE!
13.99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE



12 Pack - 12 Oz. Cans
COORS SELTZER, BUD LIGHT SELTZER OR WHITE CLAW HARD SELTZER
12 Pack - 12 Oz. Bottles or Cans
BLUE MOON
Select Varieties
HOTSALE!
13.99 EA

24 Pack - 12 Oz. Bottles or Cans
MICHELOB
18 Pack - 12 Oz. Bottles or Cans
CORONA OR MODELO
Select Varieties
HOTSALE!
20.99 EA

12 Pack - 11.2-12 Oz. Bottles or Cans
Select Varieties
MICHELOB PURE GOLD OR STELLA ARTOIS
HOTSALE!
14.99 EA

24 Pack - 12 Oz. Cans
Select Varieties
NATURAL LIGHT, MILLER HIGH LIFE OR BUSCH
HOTSALE!
14.99 EA

HOTSALE!
15.99 EA
12 Pack - 12 Oz. Bottles or Cans
NEW BELGIUM
12 Pack - 12 Oz. Cans
WICKED WEED
12 Pack - 12 Oz. Bottles
HOPPYUM
Select Varieties

Beer and Wine may not be available in all locations. Check your store for availability.

NEW

DELIGHTFULLY CHEESY

RITZ

SHOP COLLECTION

© Mondelēz International group

DAIRY

DON'T MISS THESE GREAT DEALS

HOTSALE! MVP **2/$5**
14-16.5 Oz. Select Varieties
NESTLÉ TOLL HOUSE COOKIES
W/O MVP Card $2.99 EA

64 Oz. Select Varieties
ALMOND BREEZE ALMONDMILK
HOTSALE! MVP **2/$6**
W/O MVP Card $3.29 EA

PRICED LOW EVERY DAY
ON ITEMS YOU BUY MOST OFTEN
6-8 Oz. Select Varieties
FOOD LION NATURAL CHEESE SLICES
2/$4

MVP **HOTSALE!**
OUR BEST WEEKLY MVP DEALS

52 Oz. Select Varieties
SIMPLY ADES OR PUNCHES
MVP **2/$5**
W/O MVP Card $3.68 EA

52 Oz. Select Varieties
GOLD PEAK ICED TEA
HOTSALE! MVP **2/$4**
W/O MVP Card $3.09 EA

6-8 Oz. Select Varieties
KRAFT CHUNK OR SHREDDED CHEESE
HOTSALE! MVP **2/$5**
W/O MVP Card Regular Retail

PRICED LOW EVERY DAY
2/$5
16 Oz. Select Varieties
FOOD LION BUTTER QUARTERS

HOTSALE! MVP **2/$5**
W/O MVP Card $2.79 EA
12 Oz. Select Varieties
KRAFT VELVEETA SLICES

52 Oz. Select Varieties
SIMPLY ORANGE JUICE
HOTSALE! MVP **2/$7**
W/O MVP Card $3.79 EA

HOTSALE! MVP **2/$4**
W/O MVP Card $2.69 EA
8 Pack Select Varieties
YOPLAIT GO-GURT

FROZEN

SAVING MORE STARTS HERE

HOTSALE! MVP **3/$10**
14 Oz. Select Varieties
HÄAGEN-DAZS ICE CREAM
W/O MVP Card $4.39 EA

20-32 Oz. Select Varieties
ORE-IDA FROZEN POTATOES
HOTSALE! MVP **2/$5**
W/O MVP Card $3.38 EA

HOTSALE! MVP **2/$6**
W/O MVP Card $4.59 EA
24.8 Oz. Select Varieties
TOTINO'S PIZZA ROLLS

HOTSALE! MVP **2/$5**
W/O MVP Card $3.29 EA
9.5-13.5 Oz. Select Varieties
MARIE CALLENDER'S OR HEALTHY CHOICE DINNERS

HOTSALE! MVP **2/$7**
W/O MVP Card $4.79 EA
21 Oz. Select Varieties
BIRDS EYE VOILA! DINNERS

HOTSALE! MVP **7.99 EA**
W/O MVP Card $9.99 EA
16-28 Oz. Select Varieties
SEAPAK FROZEN SEAFOOD

HOTSALE! MVP **3/$10**
W/O MVP Card $3.99 EA
19.3-21.1 Oz. Select Varieties
TOMBSTONE 12" PIZZA

MVP Digital Coupon
load on app • web • in-store kiosk

HOT SALE! 6.99 EA
W/O MVP Card $8.59 EA
MVP Coupon -1.00 OFF 1
5.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1
25-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS

HOT SALE! 2/$5
W/O MVP Card $2.99 EA
MVP Coupon -1.00 OFF 2
2/$4
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1
8.5 Oz. Select Varieties
BLUE BUNNY LOAD'D SUNDAES

HOT SALE! 6.99 EA
W/O MVP Card $7.69 EA
MVP Coupon -1.00 OFF 1
5.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1
22.2-26.6 Oz. Select Varieties
DIGIORNO STUFFED CRUST PIZZA

HELP FIGHT HUNGER IN YOUR NEIGHBORHOOD

Look for specially marked packages for details.

HOTSALE! MVP **2/$4**
W/O MVP Card Regular Retail
10.8 Oz. Select Varieties
GENERAL MILLS HONEY NUT CHEERIOS CEREAL

BREAKFAST

8.4-15.1 Oz. Select Varieties
QUAKER INSTANT OATMEAL
HOTSALE! MVP **1.99 EA**
W/O MVP Card $3.19 EA

10.6-11.7 Oz. Select Varieties
GENERAL MILLS COOKIE CRISP OR GOLDEN GRAHAMS CEREAL
HOTSALE! MVP **2.99 EA**
W/O MVP Card Regular Retail

10.3-11.3 Oz. Can Select Varieties
FOLGERS OR FOLGERS NOIR COFFEE
HOTSALE! MVP **2/$7**
W/O MVP Card Regular Retail

HOTSALE! MVP **4.99 EA**
W/O MVP Card $7.49 EA
12 Ct. Single Serve Cups
KAUAI COFFEE

14-16 Oz. Select Varieties
PEPPERIDGE FARM SWIRL BREAD
MVP PRICED LOW EVERY DAY **2.99 EA**
W/O MVP Card $3.99 EA

HOTSALE! MVP **2/$4**
W/O MVP Card $3.09 EA
10.7-12.3 Oz. Select Varieties
EGGO WAFFLES

BUY 5, SAVE $5

MVP MIX & MATCH WHEN YOU PURCHASE ANY 5 PARTICIPATING ITEMS WITH YOUR PERSONAL MVP CARD

5-12.5 Oz.
Select Varieties
FRUCTIS SHAMPOO, CONDITIONER OR STYLERS
W/O MVP Card $3.89 EA

HOT SALE! 2.99 EA
MIX & MATCH ANY 5 -1.00
1.99 EA MVP
WHEN YOU BUY ANY 5

12.5 Oz.
Select Varieties
GARNIER WHOLE BLENDS SHAMPOO OR CONDITIONER
W/O MVP Card $3.99 EA

HOT SALE! 3.49 EA
MIX & MATCH ANY 5 -1.00
2.49 EA MVP
WHEN YOU BUY ANY 5

12.6 Oz.
Select Varieties
SUAVE SHAMPOO OR CONDITIONER
W/O MVP Card $3.49 EA

HOT SALE! 2.99 EA
MIX & MATCH ANY 5 -1.00
1.99 EA MVP
WHEN YOU BUY ANY 5

13-19.5 Oz.
Select Varieties
OGX SHAMPOO OR CONDITIONER
W/O MVP Card $6.29 EA

HOT SALE! 5.49 EA
MIX & MATCH ANY 5 -1.00
4.49 EA MVP
WHEN YOU BUY ANY 5

26.2 Oz.
Select Varieties
AUSSIE SHAMPOO OR CONDITIONER
W/O MVP Card $6.49 EA

HOT SALE! 4.99 EA
MIX & MATCH ANY 5 -1.00
3.99 EA MVP
WHEN YOU BUY ANY 5

12-12.6 Oz.
Select Varieties
PANTENE SHAMPOO OR CONDITIONER
W/O MVP Card $4.48 EA

PRICED LOW EVERY DAY 3.99 EA
MIX & MATCH ANY 5 -1.00
2.99 EA MVP
WHEN YOU BUY ANY 5

HEALTH & HOME

SAVINGS YOUR FAMILY WILL LOVE

HOTSALE! MVP
BOGO FREE
15 Ct. - Select Varieties
LEMI SHINE BOOSTER DISH DETERGENT TABLETS
W/O MVP Card $7.49 EA
Single Item Half Price

HOTSALE! MVP
2/$5
W/O MVP Card $2.79 EA

30 Ct. - Select Varieties
OCEAN FRESH ANTIBACTERIAL WIPES

4 Pack
Select Varieties
ATKINS ADVANTAGE SHAKES

HOTSALE! MVP
5.99 EA
W/O MVP Card $6.89 EA

HOTSALE! MVP
2/$4
W/O MVP Card $2.68 EA

5.7 Oz.
Select Varieties
CREST TOOTHPASTE

24 Ct.
Select Varieties
BENADRYL ALLERGY TABLETS

HOTSALE! MVP
5.49 EA
W/O MVP Card $5.99 EA

15-44 Ct.
Select Sizes
ALWAYS MY BABY DIAPERS

5.49 EA

1 Oz.
Select Varieties
HAPPY BABY ORGANIC SNACKS

HOTSALE! MVP
2.55 EA
W/O MVP Card $3.19 EA

448 Ct.
Select Varieties
PAMPERS BABY WIPES REFILL

HOTSALE! MVP
12.99 EA
W/O MVP Card $14.29 EA

MVP Digital Coupon load on app • web • in-store kiosk

10-13.2 Oz.
Select Varieties
DOWNY, GAIN OR DREFT SCENT BOOSTER

PRICED LOW EVERY DAY 6.99 EA
W/O MVP Card $8.59 EA
MVP Coupon -2.00 OFF 1
4.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

41-51 Oz.
Select Varieties
DOWNY LIQUID FABRIC SOFTENER

PRICED LOW EVERY DAY 4.49 EA
W/O MVP Card $5.49 EA
MVP Coupon -1.00 OFF 1
3.49 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

70-80 Ct.
Select Varieties
BOUNCE DRYER SHEETS

PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $4.89 EA
MVP Coupon -1.00 OFF 1
2.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

138-150 Oz. Liquid or 54-72 Ct. Pods
Select Varieties
TIDE LAUNDRY DETERGENT

HOT SALE! 18.99 EA
W/O MVP Card $19.99 EA
MVP Coupon -3.00 OFF 1
15.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

44-104 Ct.
Select Varieties
PAMPERS SUPER PACK

HOT SALE! 25.49 EA
W/O MVP Card $26.99 EA
MVP Coupon -3.00 OFF 1
22.49 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

14-18 Ct.
Select Varieties
TAMPAX TAMPONS

HOT SALE! 2/$8
W/O MVP Card $4.29 EA
MVP Coupon -3.00 OFF 2
2/$5
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

PET

12 Pack Cups - Select Varieties
MEOW MIX WET CAT FOOD VARIETY PACK

HOTSALE! MVP
5.99 EA
W/O MVP Card $6.99 EA

HOTSALE! MVP
2/$3
W/O MVP Card $1.89 EA

8 Oz. - Select Varieties
RACHAEL RAY NUTRISH WET DOG FOOD

3 Lb. Bag
Select Varieties
RACHAEL RAY NUTRISH DRY CAT FOOD

HOTSALE! MVP
5.99 EA
W/O MVP Card $6.99 EA

15.9-20.4 Lb. Bag
Select Varieties
PEDIGREE DRY DOG FOOD

HOTSALE! MVP
14.99 EA
W/O MVP Card $16.39 EA

NEW ITEM CENTER

16.1-16.6 Oz.
Select Varieties
CAMPBELL'S WELL YES! SOUP

HOTSALE! MVP
3/$5
W/O MVP Card $1.99 EA

HOTSALE! MVP
3/$10
W/O MVP Card Regular Retail

6 Pack
16-16.9 Oz. Bottles
Select Varieties
MTN DEW VOO-DEW

8.6 Oz
Select Varieties
STUFFED PUFFS MARSHMALLOWS

3.99 EA

69 Oz. - Select Varieties
TIDE HYGIENIC CLEAN HEAVY DUTY LIQUID

MVP PRICED LOW EVERY DAY
9.99 EA
W/O MVP Card $12.29 EA

21 Ct. - Select Varieties
TIDE HYGIENIC CLEAN HEAVY DUTY PODS

HOTSALE! MVP
11.99 EA
W/O MVP Card $12.99 EA

BRING HOME THE FRESHEST FRUITS & VEGETABLES

We work hard to ensure that our produce department is stocked with the freshest produce for you and your family. With our hassle-free 100% fresh or double your money back guarantee, you can always shop with confidence.

HOTSALE! MVP
2.99 EA
W/O MVP Card Regular Retail
MINI WATERMELON

HOTSALE! MVP
89¢ EA
W/O MVP Card Regular Retail
MANGOS

PRICED LOW EVERY DAY
3/$1
LIMES

PRICED LOW EVERY DAY
1.49 LB
BROCCOLI CROWNS

HOTSALE! MVP
2/$5
W/O MVP Card Regular Retail
10 Oz. Pkg.
SWEETPOPS TOMATOES
WHILE SUPPLIES LAST!

HOTSALE! MVP
2.29 EA
W/O MVP Card Regular Retail
8 Oz. Pkg.
MINI SWEET PEPPERS

HOTSALE! MVP
1.29 EA
W/O MVP Card Regular Retail
Seedless
EUROPEAN CUCUMBERS

HOTSALE! MVP
2/$4
W/O MVP Card Regular Retail
8 Oz. Pkg. - Whole or Sliced
FOOD LION BABY BELLA MUSHROOMS

While Supplies Last!
9.99 EA
6 INCH PELEE OR POINT PELEE MUMS

ORGANIC

We have organic produce that's free from pesticides – just the way nature intended – at prices you can afford.

USDA ORGANIC

HOTSALE! MVP
2.49 EA
W/O MVP Card Regular Retail
1 Lb. Container
ORGANIC STRAWBERRIES

2.89 EA
3 Lb. Bag
NATURE'S PROMISE ORGANIC YELLOW ONIONS

100% FRESH or DOUBLE YOUR MONEY BACK Our guarantee

Text CountOnUs to MVPMVP (687687) to sign up for the MVP Weekly Specials Email. (Message and data rates may apply.)
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Prices and promotions included in this ad are based on the use of a Food Lion MVP card. Without a card, regular prices will apply. We reserve the right to limit quantities and correct typographical errors. Rain checks unavailable on alcohol and tobacco products.

All stores accept: AMERICAN EXPRESS VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:
Advance, Archdale, Asheboro, Clemmons, Dobson, Eden, Elkin, Greensboro, High Point, Jamestown, Jonesville, Kernersville, King, Lewisville, Lexington, Liberty, Madison, Millers Creek, Mocksville, Mount Airy, Pfafftown, Pilot Mountain, Randleman, Reidsville, Rural Hall, Sparta, Stokesdale, Summerfield, Thomasville, Troy, Walkertown, Walnut Cove, Welcome, Whitsett, Wilkesboro, N. Wilkesboro, Winston Salem, Yadkinville, Yanceyville

We Accept Competitor's Coupons
exceptions may apply, see store associate for details
Coinstar, Western Union, Deli/Bakery and Floral Items may not be available at all stores
Sale Begins Wednesday at 8 AM in 24 Hour Stores

10 for $10

MV

HOTSALE!

8 Oz.
Select Varieties

DAISY SOUR CREAM

W/O MVP Card $1.69 EA

HOTSALE!

4.7 Oz.
Select Varieties

BREAKSTONE'S COTTAGE DOUBLES

W/O MVP Card 2/$3

HOTSALE!

2.25-4.5 Oz. Pkg.
Select Varieties

OSCAR MAYER BASIC LUNCHA

W/O MVP Card $2.48 EA

HOTSALE!

14 Oz.
Select Varieties

NESQUIK FLAVORED MILK

W/O MVP Card 2/$3

HOTSALE!

12 Oz. - Select Varieties

TROPICANA PURE PREMIUM ORANGE JUICE SINGLES

W/O MVP Card 2/$3

HOTSALE!

2.25-3.5 Oz.
Select Varieties

NABISCO GO-PAKS!

W/O MVP Card $1.38 EA

FOOD LION

September 30 - October 6, 2020

VP MIX & MATCH

BLES

HOTSALE!

9.8-10.9 Oz.
Select Varieties

TOTINO'S PARTY PIZZA

W/O MVP Card $1.88 EA

HOTSALE!

5 Ct.
Select Varieties

PILLSBURY GRANDS! JUNIORS

W/O MVP Card $1.29 EA

HOTSALE!

64 Oz.
Select Varieties

SUNNY DELIGHT

W/O MVP Card $2.19 EA

HOTSALE!

1.3-1.76 Oz. - Select Varieties

QUAKER CEREAL OR INSTANT OATMEAL CUPS

W/O MVP Card Regular Retail

10 for $10

HOTSALE!

1.5-2 Oz.
Select Varieties

CRACKER BARREL BITES OR CUBES

W/O MVP Card 2/$3

MVP PRICED LOW EVERY DAY

6.4 Oz. - Select Varieties
Links or Patties

BANQUET BROWN'N SERVE SAUSAGE

W/O MVP Card $1.39 EA

HOTSALE!

2 Oz.

NECCO WAFERS

W/O MVP Card $1.29 EA

HOTSALE!

18.3-19.9 Oz.
Select Varieties

BETTY CROCKER BROWNIE MIX

W/O MVP Card $1.79 EA

HOTSALE!

15.25 Oz.
Select Varieties

BETTY CROCKER CAKE MIX

W/O MVP Card $1.79 EA

HOTSALE!

17.5-18 Oz.
Select Varieties

KRAFT BARBEC

W/O MVP Card $1.88 EA

MVP MIX & MATCH

s

HOTSALE!

1.25-2.8 Oz.
Select Varieties

KELLOGG'S CEREAL IN A CUP

W/O MVP Card $1.09 EA

HOTSALE!

2.25 Oz.

PEARLS BLACK SLICED RIPE OLIVES

W/O MVP Card $1.68 EA

UE SAUCE

HOTSALE!

2.36-2.5 Oz.
Select Varieties

PRINGLES GRAB & GO! POTATO CRISPS

W/O MVP Card $1.19 EA

HOTSALE!

10 Oz.
Select Varieties

VLASIC SWEET RELISH

W/O MVP Card $1.39 EA

10 for $10

HOTSALE!

8 Oz.
Select Varieties

DEAN'S DIP

W/O MVP Card 2/$3

HOTSALE!

10 or 14.5 Oz.
Select Varieties

ROTEL OR HUNT'S TOMATOES

W/O MVP Card $1.28 EA

HOTSALE!

15-16 Oz.
Select Varieties

HUNT'S MANWICH

W/O MVP Card $1.38 EA

HOTSALE!

5.25-6 Oz.
Select Varieties

ANNIE'S MACARONI & CHEESE

W/O MVP Card $1.58 EA

HOTSALE!

15-16 Oz.
Select Varieties

BUSH'S BEST BEANS

W/O MVP Card $1.19 EA

HOTSALE!

7.75 Oz.
Select Varieties

VAN CAMP'S BEANEE WEENE

W/O MVP Card $1.19 EA

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCB ZGCH ZGCR ZGCT ZGSA ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZN
ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVBL ZVCH ZVDC Z

MVP MIX & MATCH

HOTSALE!

2.6-3 Oz.
Select Varieties

STARKIST CHUNK LIGHT TUNA POUCH

W/O MVP Card $1.59 EA

HOTSALE!

16 Oz.

LA BANDERITA FLOUR TORTILLAS

W/O MVP Card Regular Retail

E

HOTSALE!

6 Ct.
Select Varieties

SUNKIST OR HI-C DRIMX MIX

W/O MVP Card Regular Retail

HOTSALE!

12-16 Oz.
Select Varieties

MUELLER'S PASTA

W/O MVP Card $1.58 EA

ICL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL
:VHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 09/30/20

10 for $10

HOTSALE!

5.3 Oz.
Select Varieties

CHOBANI FLIP OR GREEK YOGURT

W/O MVP Card Regular Retail

HOTSALE!

6 Oz.
Select Varieties

FRIENDLY'S SUNDAES TO GO

W/O MVP Card $1.29 EA

HOTSALE!

4.75 Oz.
Select Varieties

ORE-IDA EASY F

W/O MVP Card $1.29 EA

HOTSALE!

5.5 Oz.
Select Varieties

BLUE BUFFALO HEALTHY GOURMET PATÉ

W/O MVP Card $1.39 EA

HOTSALE!

1.1 Oz.
Select Varieties

FANCY FEAST APPETIZERS

W/O MVP Card $1.19 EA

MVP PRICED LOW EVERY DAY

7 Oz.
Select Varieties

BANQUET POT P

W/O MVP Card $1.19 EA

W-4 ZNCO ZGAH ZGAL ZGAT ZGAU ZGCB ZGCH ZGCR ZGCT ZGSA ZKBG ZKNA ZKNV ZMBL ZMBM ZMWA ZMWK ZMWS ZNCH Z
ZSCH ZSCL ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVDC ZVNK ZVNO ZVNR

MVP MIX & MATCH

RIES

HOTSALE!

4-5 Oz.
Select Varieties

JOSÉ OLÉ CHIMICHANGAS

W/O MVP Card $1.09 EA

MVP PRICED LOW EVERY DAY

10-10.8 Oz.
Select Varieties

BIRDS EYE STEAMFRESH VEGETABLES

W/O MVP Card $1.19 EA

PIES

MVP PRICED LOW EVERY DAY

4.5-8.5 Oz.
Select Varieties

MICHELINA'S FROZEN DINNERS

W/O MVP Card $1.29 EA

HOTSALE!

7-10 Oz.
Select Varieties

GREEN GIANT BOXED VEGETABLES

W/O MVP Card $1.99 EA

ZNCL ZNFL ZNGB ZNGL ZNGS ZNGV ZNHP ZNNF ZNNL ZNNO ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU
ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 09/30/20