





Look for these tags

*When you buy any 5 or more participating items in the same transaction with Card. Participating



6 Mega Rolls or MD Bath Tissue, 8 Mega Rolls or Puffs Facial Tissues, 4-Pack; Select Varieties



General Mills Cereal

Select Varieties

8.9-12 oz or Post Cereal, 10-14.75 oz or General Mills Fruit Snacks, 6-10 ct;

FAMILY SIZ MEXICAN STYLE BLEND 6.99 With Card -1.00

32 oz Kroger

Cheese or Rao's Pasta Sauce, 15-24 oz; Select Varieties



Tropicana **Orange Juice**

52 fl oz or Nestlé Toll House Cookie Dough, 13.97-16.5 oz or Nature's Own Perfectly Crafted Bread, 22 oz or Buns, 8 ct: Select Varieties



Planting Event 4/13 starting at 7am.





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Men's, Women's and Kids' sizes. Shown Sale **41.25-52.50**







Scan here or visit FredMeyer.com/LatinFlavors to find authentic recipes and flavors!

SALE DATES: Wednesday, April 10 through Tuesday, April 16, 2024

Pharmacy and Jewelry hours may vary, please call. Prices on applicable items do not reflect the City of Seattle Sweetened Beverage Tax. Items plus deposit as per the Oregon Bottle Recovery Act. We reserve the right to limit quantities and correct printed errors. Hems may not be available at all stores. "All" or "Entire Stock" sales events exclude "New! Lower Price," "Low Price" and "Low Prices on Your Favorites" Items, Price Blaster Items and Clearance. Final savings percentages may be slightly greater than shown.

WEEKLY DIGITAL DEALS



Scan me to download deals

Use each coupon UP TO in one transaction.



Look for these tags.



Large vocado With Card &
Digital Coupon

Weekly sale price without digital coupon is up to \$2.50 each with Card. While supplies last.



PIKE PLACE KEURIG BREAKFAST BLEND **Starbucks** Coffee

/EA

10-12 oz Bag or K-Cups, 10 ct or Cold Brew Concentrate 32 fl oz or Single-Serv Concentrate, 6 ct; Select Varieties



NEEKI

Jse each coupon in one transaction.



oscar Mayer Center Cut

Look for these tags.



Weekly sale price without digital coupon is up to \$5.99 each with Card. While supplies last.

Oscar Mayer Bacon Varieties, 12-16 oz

Ib Strawberries 26 With Card & Digital Coupon



Weekly sale price without digital coupon is up to \$5.89 each with Card. While supplies last.



Glazed Donuts /EA With Card & Digital Coupon

Blue Diamond Almonds

With Card & Digital Coupor

6 oz or Planters Peanuts, 16 oz; Select Varieties Weekly sale price without digital coupon is up to \$3.49 each with Card.



While supplies last. Totinos

SEA SALT CARAMEL TE 48 fl oz or Totino's Pizza Rolls, 50 ct; Select Varieties Weekly sale price without digital coupon is up to \$5.99 each with Card. While supplies last.

Private Selection Ice Cream With C Digital C

Lay's
Party Size
Potato Chips
lect Varieties, 12.5-13 Weekly sale price without digital coupon is up to \$4.99 each with Card. While supplies last.







18 Super Mega Rolls or lams Dry Dog Food, 13.5-15 lb Bag; Select Varieties Weekly sale price without digital coupon is up to \$31.99 each with Card. While supplies last.

WEEKLY DIGITAL DEALS

Look for these tags.



Use each coupon **UP TO 5 TIMES** in one transaction.













1-4 ct or Axe Body Spray, 4 oz: Select Varieties

Weekly sale price without digital coupon is up to \$6.99 each with Card. While supplies last.

Weekly sale price without digital coupon is up to \$1.99 each with Card. While supplies last.



8 fl oz or Spray, 6 oz or Pantene Pro-V Miracles Shampoo or Conditioner. 10.9-13.5 fl oz or Herbal Essences Repair Shampoo or Conditioner or Head & Shoulders Bare Shampoo, 13.5 fl oz: Select Varieties Weekly sale price without digital coupon is up to \$9.99 each with Card. While supplies last.

Maybelline Mascara With Card & Digital Coupon

1 ct or L'Oréal Paris True Match Foundation, 1 fl oz; Select Varieties

Weekly sale price without digital coupon is up to \$10.99 each with Card. While supplies last.





Weekly sale price without digital coupon is up to \$5.99 each with Card. While supplies last.



LatiN 60

Embark on a New Culinary Adventure & visit FredMeyer.com/LatinFlavors





YUCATECAN CHICKEN TACOS

Savor authentic flavors! 🟉

Full recipe details online

Roma **Tomatoes** With Card



Fresh Tilapia Fillets /LB With Card



Home Chef Savory Roasted Chicken or Other Varieties, Fully Cooked, 2 lb, In the Deli





Mission Tortillas Select Varieties, 10-30 ct With Card



Herdez Salsa Select Varieties,



Cacique Crema Mexicana







When You Buy 2 With Card

Marias Cookies 5 oz





Everyday Living **SAVE**Kitchen **Gadgets** Shown Reg \$4.99-\$6.99

Tag Reflects Savings With Card

Goya

Fanta Select Varieties, 6-Pack, 7.5 fl oz Cans





Beans 15.5 oz Can or Sazón Goya, 1.41 oz; Select Varieties



SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more participating items with Card.



Find even more online! Scan me to shop all participating items.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



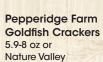
Look for these tags.



-1.00Jif Peanut Butter 15.5-16 oz or Hot Pockets, 2 ct or

Select Varieties

Vlasic Pickles, 24 fl oz;



20 oz; Select Varieties

Wonder Bread,

Goldfis

2.99 With Card -1.00Bars, 5-12 ct or





Campbell's **Chunky Soup** 18.6-19 oz or Pringles, 5.2-5.57 oz or Chex Mix, Gardetto's or Bugles Snacks, 7-8.75 oz; **Select Varieties**

2.49 With Card -1.00

/EA*



Dannon Light & Fit **Greek Yogurt** 4-Pack, 5.3 oz or

-1.00I Can't Believe It's Not Butter Spread, 15 oz or Spray, /EA* 8 fl oz; Select Varieties

19-32 oz or The Greek Gods Greek Yogurt, 24 oz; Select Varieties





6.99 With Card -1.00

Lipton Tea 12-Pack, 16.9 fl oz or

Buitoni Family Size Tortellini or Ravioli, 20 oz or Private Selection Stone Fired Pizza, 16.93-19.2 oz; Select Varieties



2.99 With Card -1.00

Classico

Pasta Sauce 15-24 oz or Cap'n Crunch or Life Cereal, 10.3-13 oz; Select Varieties



4.49 With Card -1.00

or Tater Tots

/EA*

Pepperidge Farm Cookies 5-8.6 oz or Chobani

Coffee Creamer, 24 fl oz; Select Varieties



4.79 With Card -1.00

/EA* **Nabisco Family Size Chips Ahoy or Oreo Cookies**



10.8-20 oz or Family Size Snack Crackers, 11.4-14 oz; Select Varieties



Simple Truth **Organic Hummus** 8 oz or Simple Truth Pretzel Thins, 7.2 oz or Crunchmaster Crackers, 4 oz; Select Varieties, In the Deli

-1.00

ARROWHEAD Arrowhead Mountain

5.99 With Card **Spring Water** -1.0024-Pack, 16.9 fl oz or Kodiak Power Flapjacks or Waffles, 6-12 ct or Private Selection Coffee,



4.49 With Card -1.00

Fritos 9.25-10 oz or Sunchips, 7 oz or Frito-Lay Baked **Select Varieties**



-1.00Hillshire Farm

4.49 With Card

Smoked Sausage 12-14 oz or Bob Evans Sides, 12-24 oz; **Select Varieties**



Dinner Sausage or Ground or Meatballs, Select Varieties, 16-18 oz

12 ct K-Cups; Select Varieties

-1.00



Philadelphia **Cream Cheese**

2-Pack, 8 oz Bars or El Monterey Burritos, 8 ct or Dave's Killer Bread Organic Thin-Sliced Bread, 20.5 oz; Select Varieties

5.49 With Card -1.00

Peets PECANS MAJOR DICKASON'S BLEND" 8.99 With Card -1.00

Peet's Coffee 10-10.5 oz Bag or K-Cups, 10 ct or Private Selection Nuts, 8-9.5 oz; Select Varieties

Tillamook Tillamook MEXICAN 4 CHEESE Tillamook Select Varieties, 12-16 oz





10.99 With Card -1.00

Frito-Lay Multipack 18 ct or Jack Link's Beef Jerky, 8 oz; **Select Varieties**



Colgate **Optic White Toothpaste** 4.2 oz or Crest Pro-Health Toothpaste, 4.3 oz; **Select Varieties**

Cascade

5.99 With Card -1.00

Cascade

Dishwasher Detergent 14-25 ct or all Free and Clear Laundry Detergent, 36 fl oz; Select Varieties

7.49 With Card -1.00/EA Dove **Body Wash**

20 fl oz or Bars, 4 ct or Men Plus Care Body Wash, 18 fl oz; Select Varieties





-1.00

Atkins Protein Shakes 4-Pack, 11 fl oz or Crest Complete Plus Toothpaste, 2-Pack; Select Varieties



6.99 With Card **Dixie Paper**

Plates or Bowls 40-90 ct or Brawny Paper Towels, 4 Double Rolls or Glade Plug Ins Scented Oil Refills, 2 ct; **Select Varieties**

-1.00

CHECK OUT THESE GREAT DEALS!

SAVE 40% With Card





PRICE ASIER

Everyday Living® Standard/Queen Bed Pillow

\$399 With Card

Reg. 8.99
All Bed Pillows on sale





RACHEL
Rachel Roy
Seamless
Bodysuit
\$1499
With Card
Women's sizes.

Reg. \$30





SAVE MORE WITH OUR QUALITY BRANDS (**)



Private Selection Frozen Fruit Select Varieties.

16 oz With Card



Kroger Singles

16 ct or Kroger Fruit Cups, 4-Pack or Kroger Tea, Gallon; Select Varieties





diet



BigK

dr.k



7.5-8 oz or Simple Truth ${f Organic}$ Broth, 32 oz; Select Varieties



Celebration **Plastic Cups** 50 ct or Celebration With Card Paper Plates, 48 ct



cola

Kroger Chicken Frozen. Select Varieties 22-25.5 oz

BREAKFAST

With Card

SUPPORT Northwes

> Seattle's

ESSENTIAL GROCERY

MIX & MATCH



Kroger **Potato Chips**

With Card

When you spend \$40 on Participating Baby Items with Card."

Pampers e 168

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



Sparkling Ice Sparkling Water

17 fl oz or Starkist Tuna, 2.6-3 oz Pouch or Nissin Noodle Bowl or Cup,



Entenmann's Little Bites, Donuts or Baker's **Delights Snacks** Select Varieties, 6.88-21 oz

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value





Sargento **String Cheese** or Cheese Sticks,

MIX & MATCH BUY 1, GET 1 of Eaual or Lesser Value





Dial

Bar Soap Select Varieties 3-Pack

CLEANS 2X BETTE CLOROX DISINFECTION WIPES.

2 Politic = TEAR-A-SQUARE NEW

Sparkle **Paper Towels** 2 Double Rolls or

Clorox Disinfecting Wipes, 35 ct: Select Varieties



Sparkling Water 8-Pack, 12 fl oz or Fred Meyer Purified Drinking Water, 24-Pack, With Card

Sara Lee **Butter Bread** 20 oz BUY 1, GET 1



Nature Made Vitamins Select Varieties, 14-300 ct

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value



Candle-Lite **Essential Elements** Jar Candle Select Varieties, 14.75 oz With Card When you buy 3 or more in the same transaction with Card. Quantities less than 3 are up to \$12.99 each with Card.

Use each coupon

one transaction

with Card.



Coca-Cola, Pepsi or 7UP Select Varieties 12-Pack, 12 fl oz Cans **MIX & MATCH** BUY 2, GET 1 of Equal or Lesser Value





7.99 With Card •2.00 off 1

Monster

Energy Drinks 4-Pack, 15.5-16 fl oz or Dasani Purified Water, 32-Pack, 16.9 fl oz; Select Varieties



-2.00 off 1 Scott 1000 Sheets **Bath Tissue** 12 Rolls





6 Mega Rolls or Viva Paper Towels, 6 Big Rolls or Kleenex Facial Tissue, 4-Pack; Select Varieties



-1.00 off 1 Outshine DIGITAL COUPON OFFER **Fruit Bars** Select Varieties. 12 ct



Spread

45 oz

/EA

-1.00 off 1 **Country Crock**

DIGITAL COUPON OFFER Light or Protein Yogurt Select Varieties, 5.6-6 oz



-3.00 Off 10 Yoplait Original, DIGITAL COUPON OFFER

15-16 oz

-1.00 off 1 DIGITAL COUPON OFFER Oscar Mayer **Beef Franks** Select Varieties



MIX & MATCH

SAVE \$10

When you spend \$30 on Participating Pet Items with Card.*





*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.

SAVE ON THE **FRESHEST CITRUS** OF THE SEASON



Kroger Lemons



Kroger **Red Grapefruit** 5 lb

\$599

Cuties Seedless Mandarins With Card

3 lb or Simple Truth Organic Mandarin Oranges, 2 lb



Lemon Pudding Cake

30 oz, In the Bakery

With Card



SAVE MORE WITH OUR QUALITY BRANDS









NO NO NO

Kroger **Lunch Meat** Select Varieties, 9 oz





Private Selection Jumbo Blueberries 9.8 oz

With Card

With Card Kroger

Breakfast Sausage

Select Varieties, 16 oz Roll



Home Chef Calzone Select Varieties 9 oz. In the Deli

With Card



Fresh Baked **Chocolate Chip** Cookies

or Other Varieties, 12 ct, In the Bakery With Card





Ground Beef Sold in a 3 lb Roll for \$11.97

Previously Frozen,

Wild-Caught

Lobster Tails



Nathan's **Beef Franks** 11-12 oz or Simple Truth Turkey Bacon, 8 oz; **Select Varieties**

With Card

Fresh Wild-Caught Alaska Halibut **Fillets** Subject to Fishing & **Weather Conditions**

With Card

Kroger **Burger Patties** Select Varieties Frozen, 2 lb Bag

MIX & MATCH BUY 2, GET 1 of Equal or Lesser Value

With Card







11.99 EA -15% With Card Kendall-Jackson, **Korbel or Josh Cellars** Select Varieties, 750 ml



Tito's 750 ml or High Noon, 8-Pack, 12 fl oz; Select Varieties

Mac and Jack's, **Elysian or Deschutes** Select Varieties, 6-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

*When You Buy Any 6 Participating Items with Card



More savings. More benefits. A new level of membership.

FREE Delivery & 2X Fuel Points*

Membership starting at \$59/year

Sign up at FredMeyer.com/boost or scan here.

to availability. Delivery time not guaranteed.

Select Varieties,

With Card

14-16.7 oz

*\$35 order minimum. Restrictions apply. Subject

BOTTLES & BREWS





White Claw, Corona or Modelo

Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable \$**17**99



Skrewball or Maker's Mark

750 ml or Captain Morgan, 1.75 Liters; Select Varieties

2599



14.99 EA -15%

With Card

1274 12/EA*

La Marca, Jam Cellars or Erath Select Varieties, 750 ml

9.99 EA -15% With Card

\$**8**49

14 Hands or H3 Select Varieties, 750 ml

PENDLETON WHISKY WHISKY

14 HANDS

Jameson, Pendleton or Jägermeister Select Varieties, 750 ml

1999

*When You Buy Any 6 Participating Items with Card











Kids Resin Stack Chairs Select Varieties

With Card

Adams Addrins Adirondack Chairs Select Varieties

PARTY

With Card

HD Designs Orchards **Dining Chairs** Select Varieties

With Card

HD Designs Outdoors **Orchards Conversation Set** With Card 4-Piece



Hershey's **Party Size** Canay Select Varieties, With Card 31.5-35.9 oz



Mars Candy Select Varieties, 1.35-2.17 oz

With Card



Dove **Promises** Cnocolate Select Varieties, With Card 7.61-8.46 oz



Ice Breakers Mints Select Varieties, 1.3-1.5 oz

With Card



Trident Gum Select Varieties, 3-Pack With Card



Sour Punch Bites 9 oz



Kroger **Candy Ropes** Select Varieties,